WEEK 1 MENU

Weeks Commencing:
02/11/26, 23/11/26, 14/12/26, 04/01/27, 25/01/27, 15/02/27, 08/03/27

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Quorn Burger with Sticky BBQ sauce and Garlic & Herb Potato	Rainbow Stir Fry	Quorn & Veggie Pie	Three Bean Chilli with Mexican Rice	Quorn Dippers with Chips & Ketchup
Chicken Burger with Sticky BBQ sauce and Garlic & Herb Potato	Lamb Penne Bolognese with Garlic Bread	Roast Chicken with Roast Potatoes, Gravy & Yorkshire Pudding	Margherita Pizza with Garlic & Herb Potatoes	Fish Fingers with Chips & Ketchup
Coleslaw & Sweetcorn	Mediterranean Veggies & Green Beans	Broccoli & Carrots	Peas & Sweetcorn	Peas & Baked Beans
Fruit or Yoghurt	Apple Crumble with Custard	Fruit or Yoghurt	Chocolate Sponge	Fruit or Yoghurt







Low carbon meals have at least 38% lower carbon emissions than the average meal. Learn more about this calculation at www.eatcoolfood.org

Menu Key:
- Plant Based
- Boosted
- Vegetarian
- Low Carbon
- At least 1 of your 5 a day
- Halal option available upon request